
NHATS Round 8

Section SC [SELF-CARE ACTIVITIES]

Sequence: 22

SC1PRE

SC1PRE

NOT ON FILE

DISPLAY INSTRUCTIONS:

If DECEASED flag = 1 (YES), display “SP ate”.
Otherwise, display “you eat/SP eats”.

Now I have a few questions about how {{you eat/SP eats}}/SP ate}.

PRESS 1 AND ENTER TO CONTINUE

SC1

sc8eatdev

R8 SC1 EVER USE ADAPTED UTENSILS

DISPLAY INSTRUCTIONS:

Display “adapted” in bold underlined text.

If DECEASED flag = 1 (YES), display “of {his/her} life”.

QUESTION TEXT:

In the last month {of {his/her} life}, did {you/SP} ever use adapted utensils to help {you/{him/her}} eat or cut {your/{his/her}} food?

IF NEEDED: Adapted utensils include things like easy-to-grip silverware, knives that rock, and plates with high sides.

CODES

- | | |
|---|--|
| 1 | YES |
| 2 | NO |
| 7 | ALWAYS FED THROUGH IV OR TUBE
REFUSED
DON'T KNOW |
-

BOX SC2

BOX SC2

NOT ON FILE

If SC1 = 7 (FEEDING TUBE), go to SC7PRE.

Else if DECEASED flag = 1 (YES), go to SC3.

Else if SC1 = 1 (YES), go to SC2.

Otherwise, go to SC3.

SC2

sc8eatdevoft

R8 SC2 OFTEN USE ADAPTED UTENSLS

QUESTION TEXT:

SHOW CARD SC1

Did {you/SP} use adapted utensils every time {you/{he/she}} had a meal, most times, sometimes, or rarely?

CODES

- | | |
|---|------------|
| 1 | EVERY TIME |
| 2 | MOST TIMES |
| 3 | SOMETIMES |

4 RARELY
REFUSED
DON'T KNOW

SC3**sc8eathlp**

R8 SC3 DID ANYONE HELP YOU EAT

DISPLAY INSTRUCTIONS:

If FACILITY flag = 1 (YES), display "a staff person from the place where {you live/{he/she} {lives/lived}},".

If DECEASED flag = 1 (YES), display "of {his/her} life" and "lived".

Otherwise, display "lives".

QUESTION TEXT:

In the last month {of {his/her} life}, did anyone ever help {you/SP} eat, for instance, by cutting up food or feeding {you/{him/her}}?

IF NEEDED: This includes family, friends, {a staff person from the place where {you live/{he/she} {lives/lived}},} or someone paid to help {you/{him/her}}.

CODES

1 YES
2 NO
REFUSED
DON'T KNOW

BOX SC3A**BOX SC3A**

NOT ON FILE

If SC3=1 (YES), go to SC3a.

Else if DECEASED flag=1 (YES), go to SC7PRE.

Otherwise, go to SC5.

SC3A**op8eathlp**

R8 SC3A HELPS SP WITH EATING

op8relatnshp

R8 RELASHIP TO SP UPDATE AND NEW

DISPLAY INSTRUCTIONS:

Display HELPER RELATIONSHIP CODES.

Display PERSON ROSTER with FIRST NAME, LAST NAME, and RELATIONSHIP TO SP. Allow entry for FIRST NAME, LAST NAME, and RELATIONSHIP TO SP fields.

If FACILITY flag = 1 (YES) or RETIREMENTCOMMUNITY flag = 1 (YES), display SERVICE/SOMEONE FROM THE PLACE SP LIVES/DIED on the PERSON ROSTER.

Display "first" and "last" in underlined text.

QUESTION TEXT:

Who helped {you/SP} eat?

PROBE: Anyone else?

SELECT ALL THAT APPLY

IF PERSON NAMED IS NOT ON THE ROSTER, PRESS CTRL/P TO ADD A PERSON.

SC3b. [What is (his/her) first name?] CONFIRM SPELLING

SC3c. [What is (his/her) last name?] CONFIRM SPELLING

SC3d. [What is (his/her) relationship to {you/SP}?] PRESS F1 FOR HELP SCREEN

CODES

- 2 SPOUSE/PARTNER
- 3 DAUGHTER
- 4 SON
- 5 DAUGHTER-IN-LAW
- 6 SON-IN-LAW
- 7 STEPDAUGHTER
- 8 STEPSON
- 9 SISTER
- 10 BROTHER
- 11 SISTER-IN-LAW
- 12 BROTHER-IN-LAW
- 13 MOTHER
- 14 STEPMOTHER
- 15 MOTHER-IN-LAW
- 16 FATHER
- 17 STEPFATHER
- 18 FATHER-IN-LAW
- 19 GRANDDAUGHTER
- 20 GRANDSON
- 21 NIECE
- 22 NEPHEW
- 23 AUNT
- 24 UNCLE
- 25 COUSIN
- 26 STEPDAUGHTER'S SON/DAUGHTER
- 27 STEPSON'S SON/DAUGHTER
- 28 DAUGHTER-IN-LAW'S SON/DAUGHTER
- 29 SON-IN-LAW'S SON/DAUGHTER
- 30 BOARDER/RENTER
- 31 PAID AIDE/HOUSEKEEPER/EMPLOYEE
- 32 ROOMMATE
- 33 EX-WIFE/EX-HUSBAND
- 34 BOYFRIEND/GIRLFRIEND
- 35 NEIGHBOR
- 36 FRIEND
- 37 SOMEONE/SERVICE AT THE PLACE SP LIVES/LIVED
- 38 CO-WORKER
- 39 MINISTER, PRIEST, OR OTHER CLERGY
- 40 PSYCHIATRIST, PSYCHOLOGIST, COUNSELOR, OR THERAPIST
- 91 OTHER RELATIVE
- 92 OTHER NONRELATIVE

PROGRAMMER INSTRUCTIONS:

For each roster selection/addition at SC3, set HELPSWITHEATING flag = 1 (yes).

BOX SC4

BOX SC4

NOT ON FILE

If DECEASED flag=1 (YES), go to SC7PRE.

Otherwise, go to SC4.

SC4

sc8eatslfoft

R8 SC4 HOW OFTEN EAT BY YOURSELF

DISPLAY INSTRUCTIONS:

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

QUESTION TEXT:

SHOW CARD SC2

In the last month when {you/SP} ate, how often did {you/{he/she}} do this by {yourself/{himself/herself}} and without help? Would you say most times, sometimes, rarely, or never?

CODES

1	MOST TIMES	
2	SOMETIMES	
3	RARELY	
4	NEVER	BOX SC6
	REFUSED	BOX SC6
	DON'T KNOW	BOX SC6

SC5

sc8eatslf dif

R8 SC5 DIFFICULTY EATING BY SELF

DISPLAY INSTRUCTIONS:

If SC1 = 1 (used adapted utensils), display "when {you/SP} used adapted utensils,".

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

QUESTION TEXT:

In the last month, {when {you/SP} used adapted utensils,} how much difficulty did {you/{he/she}} have eating by {yourself/{himself/herself}} and without help? Would you say none, a little, some, or a lot?

CODES

1	NONE	
2	A LITTLE	
3	SOME	
4	A LOT	
	REFUSED	
	DON'T KNOW	

BOX SC6

BOXSC6

NOT ON FILE

If SC3 = 2 (no help with eating) and SC5 = 1 (no difficulty eating), go to SC7PRE.

Otherwise, go to SC6.

SC6

sc8eatwout

R8 SC6 GO WOUT EAT BECSE NO HELP

DISPLAY INSTRUCTIONS:

If SC4 = 4 (never ate by self w/out help), display "no one was there to help"

Otherwise, display "it was too difficult to feed {yourself/{himself/herself}}".

QUESTION TEXT:

In the last month, did {you/SP} ever go without eating because {no one was there to help/it was too difficult to feed {yourself/{himself/herself}}}?

CODES

1	YES
2	NO
	REFUSED
	DON'T KNOW

SC7PRE**SC7PRE**

NOT ON FILE

DISPLAY INSTRUCTIONS:

If DECEASED flag = 1 (YES), display "SP got".
Otherwise, display "you get/SP gets".

Now I have a few questions about how {{you get/SP gets}/SP got} cleaned up.

PRESS 1 AND ENTER TO CONTINUE

SC7**sc8showrbat1**

R8 SC7 SP SHOWERED

sc8showrbat2

R8 SC7 SP TOOK BATHS IN A TUB

sc8showrbat3

R8 SC7 SP WASHED SOME OTHR WAY

DISPLAY INSTRUCTIONS:

If DECEASED flag = 1 (YES), display "of {his/her} life" and "{he/she} took".

Otherwise, display "you take/{he/she} takes".

QUESTION TEXT:

In the last month {of {his/her} life}, how did {you/SP} usually clean {yourself/himself/herself} up? By taking a shower, bathing in a tub, or washing up some other way?

IF NEEDED: Do not include whirlpool baths {you take/{he/she} takes}/{he/she} took} for therapy.

SELECT ALL THAT APPLY

CODES**Code All That Apply**

1	SHOWERED
2	TOOK BATHS IN A TUB
3	WASHED UP SOME OTHER WAY
	REFUSED
	DON'T KNOW

PROGRAMMER INSTRUCTIONS:

If SC7 = 1 (showered) and SC7 ≠ 2 (took baths) and SC7 ≠ 3 (washed up), set SHOWERING flag = 1 (yes).
If SC7 = 2 (took baths) and SC7 ≠ 1 (showered) and SC7 ≠ 3 (washed up), set TAKINGBATHS flag = 1 (yes).
If SC7 = 3 (washed up) and SC7 ≠ 1 (showered) and SC7 ≠ 2 (took baths), set WASHINGUP flag = 1 (yes).

BOX SC7A**BOX SC4A**

NOT ON FILE

If DECEASED flag = 1 (YES) and SC7 = 1 (SHOWERED), 2 (BATHS), or 3 (WASH OTHER WAY), go to SC7A.

Else if DECEASED flag <> 1 (YES) and more than one response to SC7, go to SC8.

Else if DECEASED flag <> 1 (YES) and only one response at SC7, go to BOX SC9.

Otherwise, if SC7 = RF or DK, go to SC16PRE.

SC7A**sc8bdevdec**

R8 SC7A USE BATH DEVICE IN LML

DISPLAY INSTRUCTIONS:

If SC7=1 display “showering”.
If SC7=2 display “bathing”.

If SC7=3 display “washing up”.

If more than one answer displayed, separate by “or”.

QUESTION TEXT:

In the last month of {his/her} life, did {SP} ever use grab bars or a shower or tub seat when {showering/bathing/washing up}?

IF NEEDED: A grab bar is designed to help you steady yourself. It may be attached to the wall or built into the shower or tub. A shower or tub seat is a chair, stool, or bench used in the shower or bathtub. Some seats are placed in the shower or tub, others are built in.

CODES

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

SC8

sc8prfrshbth

R8 SC8 PREFER SHOWR BATH OR OTHR

DISPLAY INSTRUCTIONS:

If SC7 = 1 (showered), display “showering” and response option 1.
If SC7 = 2 (took baths), display “taking baths” and response option 2.
If SC7 = 3 (washed up), display “washing up some other way” and response option 3.
Display “or” between methods of cleaning up.

QUESTION TEXT:

In the last month, which did {you/SP} do most often: {showering / taking baths / washing up some other way}?

CODES

- 1 SHOWERING
- 2 TAKING BATHS
- 3 WASHING UP SOME OTHER WAY

PROGRAMMER INSTRUCTIONS:

If SC8 = 1 (showering), set SHOWERING flag = 1 (yes).
If SC8 = 2 (taking baths), set TAKINGBATHS flag = 1 (yes).
If SC8 = 3 (washing up), set WASHINGUP flag = 1 (yes).

BOX SC9

BOXSC9

NOT ON FILE

If BATHGRABBAR = 1 (yes) and [SHOWERING flag = 1 (yes) or TAKINGBATHS flag = 1 (yes)], go to SC9.
Otherwise, go to BOX SC10.

SC9

sc8scusgrbrs

R8 SC9 HOW OFTEN USE GRAB BARS

DISPLAY INSTRUCTIONS:

If SHOWERING flag = 1 (yes), display “showered”.
If TAKINGBATHS flag = 1 (yes), display “took a bath”.

QUESTION TEXT:

SHOW CARD SC3

In the last month, did {you/SP} use grab bars every time {you/{he/she}} {showered/ took a bath}, most times, sometimes, rarely, or never?

IF NEEDED: A grab bar is designed to help you steady yourself. It may be attached to the wall or built into the shower or tub. Do not include towel racks.

CODES

- 1 EVERY TIME
- 2 MOST TIMES
- 3 SOMETIMES
- 4 RARELY
- 5 NEVER
- REFUSED
- DON'T KNOW

BOX SC10

BOXSC10

NOT ON FILE

If BATHSEAT flag = 1 (yes) and [SHOWERING flag = 1 (yes) or TAKINGBATHS flag = 1 (yes)], go to SC10.

Otherwise, go to SC11.

SC10

sc8shtubseat

R8 SC10 OFTN USE SHOWR TUB SEAT

DISPLAY INSTRUCTIONS:

If SHOWERING flag = 1 (yes), display “showered”.

If TAKINGBATHS flag = 1 (yes), display “took a bath”.

QUESTION TEXT:

SHOW CARD SC3

In the last month, did {you/SP} use the shower or tub seat every time {you/{he/she}} {showered/ took a bath}, most times, sometimes, rarely, or never?

IF NEEDED: A shower or tub seat is a chair, stool, or bench used in the shower or bathtub. Some seats are placed in the shower or tub, others are built in.

CODES

- 1 EVERY TIME
- 2 MOST TIMES
- 3 SOMETIMES
- 4 RARELY
- 5 NEVER
- REFUSED
- DON'T KNOW

SC11

sc8bathhlp

R8 SC11 ANYN HLP SHOWR BATH OTHR

DISPLAY INSTRUCTIONS:

If SC7 = 1 (showered) or SHOWERING flag = 1 (YES), display “shower”.

If SC7 = 2 (took baths) or TAKINGBATHS flag = 1 (YES), display “take a bath”.

If SC7 = 3 (washed up) or WASHINGUP flag = 1 (YES), display “wash up”.

If more than one answer displayed, separate by “or”.

If FACILITY flag = 1 (YES), display “a staff person from the place where {you live/{he/she} {lives/lived}}”.
 If DECEASED flag = 1 (YES), display “of {his/her} life” and “lived”.
 Otherwise, display “lives”.

QUESTION TEXT:

In the last month {of {his/her} life}, did anyone ever help {you/SP} {shower/ take a bath/wash up}?

IF NEEDED: This includes family, friends, {a staff person from the place where {you live/{he/she} {lives/lived}}, or someone paid to help {you/{him/her}}.

CODES

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

BOX SC11A

BOX SC11A

NOT ON FILE

If SC11=1 (YES), go to SC11a.

Else if DECEASED flag=1 (YES), go to SC16PRE.

Otherwise, go to SC13.

SC11A

op8bathhlp

R8 SC11A HELPS SP WITH BATHING

op8relatnshp

R8 RELASHIP TO SP UPDATE AND NEW

DISPLAY INSTRUCTIONS:

If SHOWERING flag = 1 (yes), display “shower”.
 If TAKINGBATHS flag = 1 (yes), display “take a bath”.
 If WASHINGUP flag = 1 (yes), display “wash up”.

Display HELPER RELATIONSHIP CODES.

Display PERSON ROSTER with FIRST NAME, LAST NAME, and RELATIONSHIP TO SP. Allow entry for FIRST NAME, LAST NAME, and RELATIONSHIP TO SP fields.

If FACILITY flag = 1 (YES) or RETIREMENTCOMMUNITY flag = 1 (YES), display SERVICE/SOMEONE FROM THE PLACE SP LIVES/DIED on the PERSON ROSTER.

Display "first" and "last" in underlined text.

QUESTION TEXT:

Who helped {you/SP} {shower/take a bath/wash up}?

PROBE: Anyone else?

SELECT ALL THAT APPLY

IF PERSON NAMED IS NOT ON THE ROSTER, PRESS CTRL/P TO ADD A PERSON.

- SC11b. [What is (his/her) first name?] CONFIRM SPELLING
- SC11c. [What is (his/her) last name?] CONFIRM SPELLING
- SC11d. [What is (his/her) relationship to {you/SP}?] PRESS F1 FOR HELP SCREEN

CODES

- 2 SPOUSE/PARTNER
- 3 DAUGHTER

- 4 SON
- 5 DAUGHTER-IN-LAW
- 6 SON-IN-LAW
- 7 STEPDAUGHTER
- 8 STEPSON
- 9 SISTER
- 10 BROTHER
- 11 SISTER-IN-LAW
- 12 BROTHER-IN-LAW
- 13 MOTHER
- 14 STEPMOTHER
- 15 MOTHER-IN-LAW
- 16 FATHER
- 17 STEPFATHER
- 18 FATHER-IN-LAW
- 19 GRANDDAUGHTER
- 20 GRANDSON
- 21 NIECE
- 22 NEPHEW
- 23 AUNT
- 24 UNCLE
- 25 COUSIN
- 26 STEPDAUGHTER'S SON/DAUGHTER
- 27 STEPSON'S SON/DAUGHTER
- 28 DAUGHTER-IN-LAW'S SON/DAUGHTER
- 29 SON-IN-LAW'S SON/DAUGHTER
- 30 BOARDER/RENTER
- 31 PAID AIDE/HOUSEKEEPER/EMPLOYEE
- 32 ROOMMATE
- 33 EX-WIFE/EX-HUSBAND
- 34 BOYFRIEND/GIRLFRIEND
- 35 NEIGHBOR
- 36 FRIEND
- 37 SOMEONE/SERVICE AT THE PLACE SP LIVES/LIVED
- 38 CO-WORKER
- 39 MINISTER, PRIEST, OR OTHER CLERGY
- 40 PSYCHIATRIST, PSYCHOLOGIST, COUNSELOR, OR THERAPIST
- 91 OTHER RELATIVE
- 92 OTHER NONRELATIVE

PROGRAMMER INSTRUCTIONS:

For each roster selection/addition at SC11, set HELPSWITHBATHING flag = 1 (YES).

BOX SC12

BOX SC12

NOT ON FILE

If DECEASED flag = 1 (YES), go to SC16PRE.

Otherwise, go to SC12.

SC12

sc8bathoft

R8 SC12 HOW OFTEN BATHE YOURSELF

DISPLAY INSTRUCTIONS:

If SHOWERING flag = 1 (yes), display "showered".

If TAKINGBATHS flag = 1 (yes), display "took a bath".

If WASHINGUP flag = 1 (yes), display "washed up".

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

QUESTION TEXT:

SHOW CARD SC2

In the last month, when {you/SP}{showered/ took a bath/ washed up}, how often did {you/{he/she}} do this by {yourself/{himself/herself}} and without help? Would you say most times, sometimes, rarely, or never?

CODES

1	MOST TIMES	
2	SOMETIMES	
3	RARELY	
4	NEVER	SC14
	REFUSED	SC14
	DON'T KNOW	SC14

SC13

sc8bathdif

R8 SC13 DIFF USING BARS OR SEATS

DISPLAY INSTRUCTIONS:

If SC9 = 1, 2, 3, or 4 (used bath grab bars every time, most times, sometimes, or rarely) or SC10 = 1, 2, 3, or 4 (used bath seat every time, most times, sometimes, or rarely), display "{when {you/SP} used {your/{his/her}}}"

If SC9 = 1, 2, 3, or 4 and SC10 = 1, 2, 3, or 4, display "grab bars or shower or tub seat".

Else if SC9 = 1, 2, 3, or 4, display "grab bars".

Else if SC10 = 1, 2, 3, or 4, display "shower or tub seat".

If SHOWERING flag = 1 (yes), display "showering".

If TAKINGBATHS flag = 1 (yes), display "taking a bath".

If WASHINGUP flag = 1 (yes), display "washing up".

If SC9 = 1, 2, 3, or 4, display "A grab bar is designed to help you steady yourself. It may be attached to the wall or built into the shower or tub. Do not include towel racks."

If SC10 = 1, 2, 3, or 4, display "A shower or tub seat includes a chair, stool, or bench used in the shower or bathtub. Some seats are placed in the shower or tub, others are built in."

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

QUESTION TEXT:

In the last month, {when {you/SP} used {your/{his/her}}}{grab bars/shower or tub seat/grab bars or shower or tub seat} how much difficulty did {you/{he/she}} have {showering/ taking a bath/ washing up} by {yourself/{himself/herself}} and without help? Would you say none, a little, some, or a lot?

IF NEEDED: {A grab bar is designed to help you steady yourself. It may be attached to the wall or built into the shower or tub. Do not include towel racks.} {A shower or tub seat includes a chair, stool, or bench used in the shower or bathtub. Some seats are placed in the shower or tub, others are built in.}

CODES

1	NONE
2	A LITTLE
3	SOME
4	A LOT

REFUSED
DON'T KNOW

SC14

sc8bathyrgo

R8 SC14 BATHE MRE OFT THN YR AGO

DISPLAY INSTRUCTIONS:

If SHOWERING flag = 1 (yes), display “shower”.
If TAKINGBATHS flag = 1 (yes), display “take baths”.
If WASHINGUP flag = 1 (yes), display “wash up”.

DISPLAY "a year ago" IN BOLD UNDERLINED TEXT

QUESTION TEXT:

Compared to a year ago, {do you/does SP} now {shower/ take baths/ wash up} more often, less often, or about the same?

CODES

1 MORE OFTEN
2 LESS OFTEN
3 SAME
REFUSED
DON'T KNOW

BOX SC15

BOXSC15

NOT ON FILE

If SC11 = 2 (no help cleaning up) and SC13 = 1 (no difficulty cleaning up), go to SC16PRE.

Otherwise go to SC15.

SC15

sc8bathwout

R8 SC15 EVER GO WITHOUT WASHING

DISPLAY INSTRUCTIONS:

If SC12 = 4 (never cleaned up by self), display “no one was there to help”.
Otherwise, display “it was too difficult to do that by {yourself/{himself/herself}}”.

If SHOWERING flag = 1 (yes), display “showering”.
If TAKINGBATHS flag = 1 (yes), display “taking a bath”.
If WASHINGUP flag = 1 (yes), display “washing up”.

QUESTION TEXT:

In the last month, did {you/SP} ever go without {showering/ taking a bath/ washing up} because {no one was there to help /it was too difficult to do that by {yourself/{himself/herself}}}?

CODES

1 YES
2 NO
REFUSED
DON'T KNOW

SC16PRE

SC16PRE

NOT ON FILE

QUESTION TEXT:

Now I have a few questions about using the toilet.

IF NEEDED: These questions may seem a bit personal, but they are very important for research on aging and health trends.

PRESS 1 AND ENTER TO CONTINUE

SC16	sc8usvartoi1	R8 SC16 SP USED PORTABLE COMMODE
	sc8usvartoi2	R8 SC16 SP USED PADS UNDERGMT
	sc8usvartoi3	R8 SC16 USED GRABBARS FR TOILET
	sc8usvartoi4	R8 SC16 USED RAISED TOILET SEAT

DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display

DISPLAY "In the last month" IN BOLD UNDERLINED TEXT

If at SC16a, do not display question text in brackets.
Otherwise, display question text in brackets.

For SC16a, if IS3 = 1 (SP is male), display “, portable urinal”.
For SC16d, if IS3 = 1 (SP is male), display “, portable urinals”.

If TOILETGRABBAR flag = 1 (yes) or DECEASED flag=1 (YES), display variable text {c}.
If RAISEDTOILET flag = 1 (yes) or DECEASED flag=1 (YES), display variable text {d}.

If DECEASED flag = 1 (YES), display “of {his/her} life” and “did SP ever use”.
Otherwise, display “{have you/has SP} ever used”.

QUESTION TEXT:

{[]In the last month {of {his/her} life}, {{have you/has SP} ever used}}{did SP ever use}{[]}
{variable text [a-d]}

RESPONSE [1] a. a portable commode {portable urinal,} or bedpan?

RESPONSE [2] b. disposable pads or undergarments to help prevent accidentally wetting or soiling
{your/{his/her}} clothes?

{RESPONSE [3] c. grab bars around the toilet?

IF NEEDED: A grab bar is designed to help you steady yourself. It may be attached to the wall or part of a
frame that goes over the toilet. Do not include towel racks.}

{RESPONSE [4] d. a raised toilet or raised toilet seat?

IF NEEDED: This includes a toilet seat that is elevated higher than usual, either because the toilet or the
seat is raised, or a seat with arms that fits over the toilet. Do not include portable commodes {portable
urinals,} or bedpans.}

CODES

1	YES
2	NO
	REFUSED
	DON'T KNOW

PROGRAMMER INSTRUCTIONS:

Array the responses and variable text columns in the panel.

Display 'variable text' in the a-d sequence until all rows have been displayed.

SC17	sc8toilhlp	R8 SC17 ANYON HLP YOU USE TOILET
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DISPLAY INSTRUCTIONS:

If FACILITY flag = 1 (YES), display “a staff person from the place where {you live/{he/she} {lives/lived}}”.

If DECEASED flag = 1 (YES), display “of {his/her} life” and “lived”.
Otherwise, display “lives”.

QUESTION TEXT:

In the last month {of {his/her} life}, did anyone ever help {you/SP} use the toilet?
IF NEEDED: This includes family, friends, {a staff person from the place where {you live/{he/she} {lives/lived}},} or someone paid to help {you/{him/her}}.

CODES

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

BOX SC17A

BOX SC171

NOT ON FILE

If SC17 = 1 (YES), go to SC17A.
Else if DECEASED flag = 1 (YES), go to SC21PRE.
Otherwise, go to SC19.

SC17A

op&toilhp

R8 SC17A HELPS SP WITH TOILETING

op&relatnshp

R8 RELASHIP TO SP UPDATE AND NEW

DISPLAY INSTRUCTIONS:

Display HELPER RELATIONSHIP CODES.

Display PERSON ENTRY with FIRST NAME, LAST NAME, and RELATIONSHIP TO SP. Allow entry for FIRST NAME, LAST NAME, and RELATIONSHIP TO SP fields.

If FACILITY flag = 1 (YES) or RETIREMENTCOMMUNITY flag = 1 (YES), display SERVICE/SOMEONE FROM THE PLACE SP LIVES/DIED on the PERSON ROSTER.

Display "first" and "last" in underlined text

QUESTION TEXT:

Who helped {you/SP} use the toilet?
PROBE: Anyone else?
SELECT ALL THAT APPLY
IF PERSON NAMED IS NOT ON THE ROSTER, PRESS CTRL/P TO ADD A PERSON.
SC17b. [What is (his/her) first name?] CONFIRM SPELLING
SC17c. [What is (his/her) last name?] CONFIRM SPELLING
SC17d. [What is (his/her) relationship to {you/SP}?] [PRESS F1 FOR HELP SCREEN]

CODES

- 2 SPOUSE/PARTNER
- 3 DAUGHTER
- 4 SON
- 5 DAUGHTER-IN-LAW
- 6 SON-IN-LAW
- 7 STEPDAUGHTER
- 8 STEPSON

- 9 SISTER
- 10 BROTHER
- 11 SISTER-IN-LAW
- 12 BROTHER-IN-LAW
- 13 MOTHER
- 14 STEPMOTHER
- 15 MOTHER-IN-LAW
- 16 FATHER
- 17 STEPFATHER
- 18 FATHER-IN-LAW
- 19 GRANDDAUGHTER
- 20 GRANDSON
- 21 NIECE
- 22 NEPHEW
- 23 AUNT
- 24 UNCLE
- 25 COUSIN
- 26 STEPDAUGHTER'S SON/DAUGHTER
- 27 STEPSON'S SON/DAUGHTER
- 28 DAUGHTER-IN-LAW'S SON/DAUGHTER
- 29 SON-IN-LAW'S SON/DAUGHTER
- 30 BOARDER/RENTER
- 31 PAID AIDE/HOUSEKEEPER/EMPLOYEE
- 32 ROOMMATE
- 33 EX-WIFE/EX-HUSBAND
- 34 BOYFRIEND/GIRLFRIEND
- 35 NEIGHBOR
- 36 FRIEND
- 37 SOMEONE/SERVICE AT THE PLACE SP LIVES/LIVED
- 38 CO-WORKER
- 39 MINISTER, PRIEST, OR OTHER CLERGY
- 40 PSYCHIATRIST, PSYCHOLOGIST, COUNSELOR, OR THERAPIST
- 91 OTHER RELATIVE
- 92 OTHER NONRELATIVE

PROGRAMMER INSTRUCTIONS:

For each roster selection/addition at SC17, set HELPSWITHTOILETING flag = 1 (YES).

BOX SC18

BOX SC18

NOT ON FILE

If DECEASED flag = 1 (YES), go to SC21PRE

Otherwise, go to SC18.

SC18

sc8toiloft

R8 SC18 OFTEN USE TOILET BY SELF

DISPLAY INSTRUCTIONS:

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

QUESTION TEXT:

SHOW CARD SC2

In the last month, when {you/SP} used the toilet, how often did {you/{he/she}} do this by {yourself/{himself/herself}} and without help? Would you say most times, sometimes, rarely, or never?

CODES

1	MOST TIMES	
2	SOMETIMES	
3	RARELY	
4	NEVER	SC20
	REFUSED	SC20
	DON'T KNOW	SC20

SC19**sc8toildif**

R8 SC19 DIFFICULTY TOILETING SELF

DISPLAY INSTRUCTIONS:

If SC16c = 1 (used toilet grab bars) or SC16d = 1 (used raised toilet), display “when {you/SP} used the {grab bars/raised toilet or raised toilet seat/grab bars or raised toilet or raised toilet seat},”.

If SC16c = 1 (used toilet grab bars) and SC16d = 1 (used raised toilet), display “grab bars or raised toilet or raised toilet seat”

Else if SC16c = 1 (used toilet grab bars), display “grab bars”.

Else if SC16d = 1 (used raised toilet), display “raised toilet or raised toilet seat”.

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

QUESTION TEXT:

In the last month, {when {you/SP} used the} {grab bars/raised toilet or raised toilet seat/grab bars or raised toilet or raised toilet seat},} how much difficulty did {you/{he/she}} have using the toilet by {yourself/{himself/herself}} and without help? Would you say none, a little, some, or a lot?

CODES

1	NONE
2	A LITTLE
3	SOME
4	A LOT
	REFUSED
	DON'T KNOW

BOX SC20**BOXSC20**

NOT ON FILE

If SC17 = 2 (no help) and SC19 = 1 (no difficulty), go to SC21PRE.

Otherwise go to SC20.

SC20**sc8toilwout**

R8 SC20 ACCIDENT WET SOIL CLTHES

DISPLAY INSTRUCTIONS:

If SC18 = 4 (never used toilet by self), display “no one was there to help {you/{him/her}} get to or use the toilet”.

Otherwise, display “it was too difficult to get to or use the toilet by {yourself/{himself/herself}}”.

QUESTION TEXT:

In the last month, did {you/SP} ever accidentally wet or soil {your/{his/her}} clothes because {no one was there to help {you/{him/her}} get to or use the toilet/it was too difficult to get to or use the toilet by {yourself/{himself/herself}}}?

CODES

1	YES
2	NO
	REFUSED
	DON'T KNOW

SC21PRE**SC21PRE**

NOT ON FILE

DISPLAY INSTRUCTIONS:

If DECEASED flag = 1 (YES), display “a person”.

Otherwise, display “{you/SP}”.

QUESTION TEXT:

The next few questions are about getting dressed. By getting dressed we mean changing out of the clothes {you/SP}/a person} slept in.

PRESS 1 AND ENTER TO CONTINUE

SC21**sc8dresoft**

R8 SC21 OFTEN YOU GET DRESSED

DISPLAY INSTRUCTIONS:

If DECEASED flag = 1 (YES), display “of {his/her} life”.

QUESTION TEXT:

SHOW CARD SC4

In the last month {of {his/her} life}, did {you/SP} get dressed every day, most days, some days, rarely, or never?

CODES

1	EVERY DAY (7 DAYS A WEEK)
2	MOST DAYS (5-6 DAYS A WEEK)
3	SOME DAYS (2-5 DAYS A WEEK)
4	RARELY (ONCE A WEEK OR LESS)
5	NEVER
	REFUSED
	DON'T KNOW

BOX SC22**BOX SC22**

NOT ON FILE

If SC21=1, 2, 3 or 4, go to SC22.

Else if DECEASED flag = 1 (YES), go to Section DS – Duration of Self Care Activities

Otherwise, go to Box SC27.

SC22**sc8dresdev**

R8 SC22 USE SPECL ITEMS TO DRESS

DISPLAY INSTRUCTIONS:

If DECEASED flag = 1 (YES), display “of {his/her} life”.

QUESTION TEXT:

In the last month {of {his/her} life}, did {you/SP} use any special items to get dressed, such as a button hook, reacher or grabber, or clothes that are designed to get on and off easily?

CODES

1	YES
2	NO
	REFUSED
	DON'T KNOW

SC23**sc&dreshlp**

R8 SC23 ANYONE HELP GET DRESSED

DISPLAY INSTRUCTIONS:

If IS3 = 2 (SP is female), display “or bra”.

DISPLAY "In the last month" IN BOLD UNDERLINED TEXT

If FACILITY flag = 1 (YES), display “a staff person from the place where {you live/{he/she} {lives/lived},”.

If DECEASED flag = 1 (YES), display “of {his/her} life” and “lived”.

Otherwise, display “lives”.

QUESTION TEXT:

In the last month {of {his/her} life}, did anyone ever help {you/SP} get dressed, for instance, by getting clothing over {your/{his/her}} head, helping with clothing behind {your/{his/her}} back like a belt {or bra}, or helping {you/{him/her}} put on socks or shoes?

IF NEEDED: This includes family, friends, {a staff person from the place where {{you live/{he/she} {lives/lived}},} or someone paid to help {you/{him/her}}.

CODES

1	YES
2	NO
	REFUSED
	DON'T KNOW

BOX SC23A**BOX SC23A**

NOT ON FILE

If SC23 = 1 (YES), go to SC23A.

Else if DECEASED flag = 1 (YES), go to Section DS – Duration of Self Care Activities.

Otherwise, go to SC25.

SC23A**op&dreshlp**

R8 SC23A HELPS SP WITH DRESSING

op&relatnshp

R8 RELASHIP TO SP UPDATE AND NEW

DISPLAY INSTRUCTIONS:

Display HELPER RELATIONSHIP CODES.

Display PERSON ROSTER with FIRST NAME, LAST NAME, and RELATIONSHIP TO SP. Allow entry for FIRST NAME, LAST NAME, and RELATIONSHIP TO SP fields.

If FACILITY flag = 1 (YES) or RETIREMENTCOMMUNITY flag = 1 (YES), display SERVICE/SOMEONE FROM THE PLACE SP LIVES/DIED on the PERSON ROSTER.

Display "first" and "last" in bold underlined text.

QUESTION TEXT:

Who helped {you/SP} get dressed?

PROBE: Anyone else?

SELECT ALL THAT APPLY

IF PERSON NAMED IS NOT ON THE ROSTER, PRESS CTRL/P TO ADD A PERSON.

SC23b. [What is (his/her) first name?] CONFIRM SPELLING

SC23c. [What is (his/her) last name?] CONFIRM SPELLING

SC23d. [What is (his/her) relationship to {you/SP}?] PRESS F1 FOR HELP SCREEN

CODES

- 2 SPOUSE/PARTNER
- 3 DAUGHTER
- 4 SON
- 5 DAUGHTER-IN-LAW
- 6 SON-IN-LAW
- 7 STEPDAUGHTER
- 8 STEPSON
- 9 SISTER
- 10 BROTHER
- 11 SISTER-IN-LAW
- 12 BROTHER-IN-LAW
- 13 MOTHER
- 14 STEPMOTHER
- 15 MOTHER-IN-LAW
- 16 FATHER
- 17 STEPFATHER
- 18 FATHER-IN-LAW
- 19 GRANDDAUGHTER
- 20 GRANDSON
- 21 NIECE
- 22 NEPHEW
- 23 AUNT
- 24 UNCLE
- 25 COUSIN
- 26 STEPDAUGHTER'S SON/DAUGHTER
- 27 STEPSON'S SON/DAUGHTER
- 28 DAUGHTER-IN-LAW'S SON/DAUGHTER
- 29 SON-IN-LAW'S SON/DAUGHTER
- 30 BOARDER/RENTER
- 31 PAID AIDE/HOUSEKEEPER/EMPLOYEE
- 32 ROOMMATE
- 33 EX-WIFE/EX-HUSBAND
- 34 BOYFRIEND/GIRLFRIEND
- 35 NEIGHBOR
- 36 FRIEND
- 37 SOMEONE/SERVICE AT THE PLACE SP LIVES/LIVED
- 38 CO-WORKER
- 39 MINISTER, PRIEST, OR OTHER CLERGY
- 40 PSYCHIATRIST, PSYCHOLOGIST, COUNSELOR, OR THERAPIST
- 91 OTHER RELATIVE
- 92 OTHER NONRELATIVE

PROGRAMMER INSTRUCTIONS:

For each roster selection/addition at SC23, set HELPSWITHDRESSING flag = 1 (YES).

BOX SC24

BOX SC24

NOT ON FILE

If DECEASED flag = 1 (YES), go to Section DS – Duration of Self-Care Activities.

Otherwise, go to SC24.

SC24**sc&dreslfl**

R8 SC24 OFTEN YOU DRESS YOURSELF

DISPLAY INSTRUCTIONS:

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

QUESTION TEXT:

SHOW CARD SC2

In the last month, when {you/SP} got dressed, how often did {you/{he/she}} do this by {yourself/{himself/herself}} and without help? Would you say most times, sometimes, rarely, or never?

CODES

1	MOST TIMES	
2	SOMETIMES	
3	RARELY	
4	NEVER	SC26
	REFUSED	SC26
	DON'T KNOW	SC26

SC25**sc&dresdif**

R8 SC25 DIF WHN US SP ITMS YRSLF

DISPLAY INSTRUCTIONS:

If SC22 = 1 (yes, used special items), display “when {you/SP} used special items to help {you/{him/her}} get dressed,”.

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

QUESTION TEXT:

In the last month, {when {you/SP} used special items to help {you/{him/her}} get dressed,} how much difficulty did {you/{he/she}} have getting dressed by {yourself/{himself/herself}} and without help? Would you say none, a little, some, or a lot?

CODES

1	NONE
2	A LITTLE
3	SOME
4	A LOT
	REFUSED
	DON'T KNOW

SC26**sc&dresyrgo**

R8 SC26 HOW OFTN YOU GET DRESSED

DISPLAY INSTRUCTIONS:

DISPLAY "a year ago" IN BOLD UNDERLINED TEXT

QUESTION TEXT:

Compared to a year ago, {do you/does SP} now get dressed more often, less often, or about the same?

CODES

1 MORE OFTEN
 2 LESS OFTEN
 3 SAME
 REFUSED
 DON'T KNOW

BOX SC27**BOXSC27**

NOT ON FILE

If SC23 = 2 (did not get help) and SC25 = 1 (no difficulty), go to Section DS – Duration of Self Care Accommodations.

Otherwise go to SC27.

SC27**sc8dreswout**

R8 SC27 GO WITHOUT GTTNG DRESSED

DISPLAY INSTRUCTIONS:

If SC24 = 4 (never dressed by self), display “there was no one there to help”.

Otherwise, display “it was too difficult to dress by {yourself/{himself/herself}}”.

QUESTION TEXT:

In the last month, did {you/SP} ever go without getting dressed because {there was no one there to help /it was too difficult to dress by {yourself/{himself/herself}}?

CODES

1 YES
 2 NO
 REFUSED
 DON'T KNOW

PROGRAMMER INSTRUCTIONS:

Go to Section DS – Duration of Self Care Accommodations

Derived Variables from Items in SC Section

sc8deatdevi	R8 D USES DEVICES WHILE EATING
sc8deathelp	R8 D HAS HELP EATING
sc8deatsfdf	R8 D DIFF EATING BY SELF WO HELP
sc8dbathdevi	R8 D USES DEVICES WHILE BATHING
sc8dbathhelp	R8 D HAS HELP WHILE BATHING
sc8dbathsfdf	R8 D DIFF BATHING SELF NO HELP
sc8dtoildevi	R8 D USES DEVICES WHILE TOILETING
sc8dtoilhelp	R8 D HAS HELP WHILE TOILETING
sc8dtoilsfdf	R8 D DIFF LEVEL TOILETING SELF

sc8ddresdevi	R8 D USES DEVICES WHILE DRESSING
sc8ddreshelp	R8 D HAS HELP WHILE DRESSING
sc8dressfdf	R8 D DIFF LEVEL DRESSING SELF

Flag variables set in SC Section	
f18showering	R8 F SC SP USES SHOWER
f18takingbth	R8 F SC SP TAKES BATHS
f18washingup	R8 F SC SP WASHES OTHER WAY