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# National Study of Caregiving

Section HE [HEALTH]

Sequence: 6

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**HE1** che1health C1 HE1 GENERAL HEALTH

**QUESTION TEXT:**

Would you say that in general, your health is excellent, very good, good, fair, or poor?

**CODES**

1 EXCELLENT  
2 VERY GOOD  
3 GOOD  
4 FAIR  
5 POOR  
REFUSED  
DON'T KNOW

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<b>HE2</b>	<b>che1hrtattck</b>	C1 HE2A HAD HEART ATTACK
	<b>che1othheart</b>	C1 HE2B HAD HEART DISEASE
	<b>che1highbld</b>	C1 HE2C HAD HIGH BLOOD PRESS
	<b>che1arthrits</b>	C1 HE2D HAD ARTHRITIS
	<b>che1osteoprs</b>	C1 HE2E HAD OSTEOPOROSIS
	<b>che1diabetes</b>	C1 HE2F HAD DIABETES
	<b>che1lungdis</b>	C1 HE2G HAD LUNG DISEASE
	<b>che1cancer</b>	C1 HE2H HAD CANCER
	<b>che1seeing</b>	C1 HE2I HAD SERIOUS DIFF SEEING
	<b>che1hearing</b>	C1 HE2J HAD SERIOUS DIFF HEARING

**DISPLAY INSTRUCTIONS:**

Use "Same Question Stem" display.  
If at HE2a, do not display question text in brackets.  
Otherwise, display question text in brackets.

**QUESTION TEXT:**

{{}} I will read a list of some diseases that a doctor may have said you have. Please tell me if a doctor ever told you that you had... {{}}

{variable text [a-j]}

RESPONSE [1] a. a heart attack or myocardial infarction?  
RESPONSE [2] b. any other heart disease including angina or congestive heart failure?  
RESPONSE [3] c. high blood pressure or hypertension?  
RESPONSE [4] d. arthritis?  
RESPONSE [5] e. osteoporosis or thinning of the bones?  
RESPONSE [6] f. diabetes?  
RESPONSE [7] g. lung disease, such as emphysema, asthma, or chronic bronchitis?  
RESPONSE [8] h. cancer?  
RESPONSE [9] i. serious difficulty seeing?  
RESPONSE [10] j. serious difficulty hearing?

**CODES**

1	YES
2	NO
	REFUSED
	DON'T KNOW

**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.  
 Display 'variable text' in the a-j sequence until all rows have been displayed.

**BOX HE3****BOX HE3**

NOT ON FILE

If HE2h = 1 (YES, CANCER), go to HE3.  
 Otherwise, go to HE4PRE.

**HE3****che1cnrskin**

C1 HE3 CANCER TYPE SKIN CANCER

**che1cnrbrst**

C1 HE3 CANCER TYPE BREAST CANCER

**che1cnrpros**

C1 HE3 CANCER TYPE PROSTATE CNCR

**che1cnroth**

C1 HE3 CANCER TYPE OTHER TYPE

**DISPLAY INSTRUCTIONS:**

If pre-loaded CG SEX= 2 (MALE), display "prostate cancer," and response code 3.

**QUESTION TEXT:**

Was that skin cancer, breast cancer, {prostate cancer,} or some other type?

SELECT ALL THAT APPLY

**CODES****Code All That Apply**

1	SKIN CANCER	HE4PRE
2	BREAST CANCER	HE4PRE
3	{PROSTATE CANCER}	HE4PRE
4	OTHER TYPE OF CANCER (SPECIFY)	
	REFUSED	HE4PRE
	DON'T KNOW	HE4PRE

**HE3a****HE3a**

NOT ON FILE

**QUESTION TEXT:**

SPECIFY TYPE OF CANCER

IF NEEDED: What type of cancer was that?

**ENTER TEXT**

Length	50
REFUSED	
DON'T KNOW	

**HE4PRE**

**HE4PRE**

NOT ON FILE

**QUESTION TEXT:**

Now I have a few questions about other health problems.

PRESS 1 AND ENTER TO CONTINUE

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**HE4**

**che1pain**

C1 HE4 PAIN IN LAST MONTH

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, have you been bothered by pain?

**CODES**

1	YES	
2	NO	HE6
	REFUSED	HE6
	DON'T KNOW	HE6

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**HE5**

**che1painlmt**

C1 HE5 PAIN OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, how often has pain limited your activities? Would you say every day, most days, some days, rarely, or never?

**CODES**

1	EVERY DAY	
2	MOST DAYS	
3	SOME DAYS	
4	RARELY	
5	NEVER	
	REFUSED	
	DON'T KNOW	

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**HE6**

**che1brethprb**

C1 HE6 BREATHING PROBLEMS

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, did you have any breathing problems, including shortness of breath or difficulty breathing?

**CODES**

1	YES	
2	NO	HE8
	REFUSED	HE8
	DON'T KNOW	HE8

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**HE7****che1brethlmt**

C1 HE7 BREATHING OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display “In the last month” in underlined text.

**QUESTION TEXT:**

In the last month, how often did your breathing problems limit your activities? Would you say every day, most days, some days, rarely, or never?

**CODES**

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

**HE8****che1armstr**

C1 HE8 ARM STRENGTH OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display “In the last month” in underlined text.

**QUESTION TEXT:**

In the last month, did you have limited strength or movement in your shoulders, arms, or hands?

**CODES**

1	YES	
2	NO	HE10
	REFUSED	HE10
	DON'T KNOW	HE10

**HE9****che1armlmt**

C1 HE9 ARM STRENGTH OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display “In the last month” in underlined text.

**QUESTION TEXT:**

In the last month, how often did this problem with your shoulders, arms or hands limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

**CODES**

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

**HE10****che1legstr**

C1 HE10 LIMITED STRENGTH IN LEGS

**DISPLAY INSTRUCTIONS:**

Display “In the last month” in underlined text.

**QUESTION TEXT:**

In the last month, did you have limited strength in your hips, legs, knees, or feet?

**CODES**

1	YES	
2	NO	HE12
	REFUSED	HE12
	DON'T KNOW	HE12

**HE11****che1leglmt**

C1 HE11 LEG STRENGTH OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, how often did this problem with your hips, legs, knees, or feet limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

**CODES**

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

**HE12****che1lowenrgy**

C1 HE12 LOW ENERGY IN LAST MONTH

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, did you have low energy or were you easily exhausted?

**CODES**

1	YES	
2	NO	HE14
	REFUSED	HE14
	DON'T KNOW	HE14

**HE13****che1enrgylmt**

C1 HE13 ENERGY OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, how often did your low energy or exhaustion limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

**CODES**

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

**HE14****che1sleeptrb**

C1 HE14 TROUBL FALLNG BACK ASLEP

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, on nights when you woke up before you wanted to, how often did you have trouble falling back asleep?

[Would you say every day, most days, some days, rarely, or never?]

**CODES**

1	EVERY NIGHT
2	MOST NIGHTS
3	SOME NIGHTS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

**BOX HE15****BOX HE15**

NOT ON FILE

If preloaded INHOUSELHOLD flag = 1 for Caregiver, go to HE15.

Otherwise, go to HE16.

**HE15****che1sleepint**

C1 HE15 INTERRUPTED SLEEP

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, how often did helping {SP} cause your sleep to be interrupted?

[Would you say every day, most days, some days, rarely, or never?]

**CODES**

1	EVERY NIGHT
2	MOST NIGHTS
3	SOME NIGHTS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

**HE16****che1weight**

C1 HE16 WEIGHT IN POUNDS

**QUESTION TEXT:**

How much do you currently weigh?

ENTER WEIGHT IN POUNDS

**ENTER NUMBER**

Range	65 to 600
Soft Range	90 to 300
REFUSED	
DON'T KNOW	

**HE17a**                                      **che1heightft**                                      C1 HE17A HEIGHT IN FEET

**QUESTION TEXT:**

How tall are you?

ENTER FEET

**ENTER NUMBER**

Range	3 to 7
Soft Range	4 to 6
REFUSED	HE18
DON'T KNOW	HE18

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**HE17b**                                      **che1heightin**                                      C1 HE17B HEIGHT INCHES

**QUESTION TEXT:**

[How tall are you?]

ENTER INCHES

**ENTER NUMBER**

Range	0 to 11
REFUSED	
DON'T KNOW	

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**HE18**                                      **che1lost10lb**                                      C1 HE18 IN YR LOST 10 POUNDS

**QUESTION TEXT:**

Have you lost 10 or more pounds in the last 12 months?

**CODES**

1	YES	
2	NO	HE19
	REFUSED	HE19
	DON'T KNOW	HE19

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**HE18a**                                      **che1try2lose**                                      C1 HE18A TRYING TO LOSE WEIGHT

**QUESTION TEXT:**

Were you trying to lose weight?

**CODES**

1	YES
2	NO
	REFUSED
	DON'T KNOW

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<b>HE19</b>	<b>che1moodcher</b>	C1 HE19A CG FELT CHEERFUL
	<b>che1moodpcfl</b>	C1 HE19B CG FELT CALM PEACEFUL
	<b>che1moodfull</b>	C1 HE19C CG FELT FULL OF LIFE
	<b>che1moodbord</b>	C1 HE19D CG FELT BORED
	<b>che1moodlone</b>	C1 HE19E CG FELT LONELY
	<b>che1moodupst</b>	C1 H319F CG FELT UPSET

**DISPLAY INSTRUCTIONS:**

Use "Same Question Stem" display.  
If at HE19a, do not display question text in brackets.

Otherwise, display question text in brackets.  
Display "the last month" in underlined text.

**QUESTION TEXT:**

```
{[ ]} Thinking about the last month, how often did you feel... {[ ]}  
  
{variable text [a-f]}  
  
RESPONSE [1] a. cheerful?  
RESPONSE [2] b. calm and peaceful?  
RESPONSE [3] c. full of life?  
RESPONSE [4] d. bored?  
RESPONSE [5] e. lonely?  
RESPONSE [6] f. upset?  
  
{[ ]} Would you say every day, most days, some days, rarely, or never?{[ ]}
```

**CODES**

- 1 EVERY DAY
- 2 MOST DAYS
- 3 SOME DAYS
- 4 RARELY
- 5 NEVER
- REFUSED
- DON'T KNOW

**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.  
Display 'variable text' in the a-f sequence until all rows have been displayed.

**HE20**

**che1fltltin**

C1 HE20A CG FELT LITTLE INTERST

**che1fltdown**

C1 HE20B CG FELT DOWN DEPRESSED

**che1fltnervs**

C1 HE20C CG FELT NERVOUS ANXIOUS

**che1flt worry**

C1 HE20D CG FELT UNABLE2STP WRRY

**DISPLAY INSTRUCTIONS:**

Use "Same Question Stem" display.  
If at HE20a, do not display question text in brackets.  
Otherwise, display question text in brackets.  
Display "the last month" in underlined text.

**QUESTION TEXT:**

```
{[ ]} Over the last month, how often have you... {[ ]}  
  
{variable text [a-d]}  
  
RESPONSE [1] a. had little interest or pleasure in doing things?  
RESPONSE [2] b. felt down, depressed, or hopeless?  
RESPONSE [3] c. felt nervous, anxious, or on edge?  
RESPONSE [4] d. been unable to stop or control worrying?  
  
{[ ]} Would you say not at all, several days, more than half the days, or nearly every day?{[ ]}
```

**CODES**

- 1 NOT AT ALL
- 2 SEVERAL DAYS
- 3 MORE THAN HALF THE DAYS
- 4 NEARLY EVERY DAY



REFUSED  
DON'T KNOW

**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.  
Display 'variable text' in the a-d sequence until all rows have been displayed.

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<b>HE21</b>	<b>che1lifemng</b>	C1 HE21A LIFE HAS MEANING PURPOS
	<b>che1feelconf</b>	C1 HE21B CG FEELS CONFIDENT
	<b>che1gaveup</b>	C1 HE21C CG GAVEUP IMPROVNG LIFE
	<b>che1lifegood</b>	C1 HE21D CG LIKES LIVING SITUATN
	<b>che1lifelone</b>	C1 HE21E CG FEELS LONELY
	<b>che1easychng</b>	C1 HE21F CG ADJUSTS CHANG EASILY
	<b>che1rcvrqick</b>	C1 HE21G CG RECOVERS QUICKLY

**DISPLAY INSTRUCTIONS:**

Use "Same Question Stem" display.  
If at HE21a, do not display question text in brackets.  
Otherwise, display question text in brackets.

**QUESTION TEXT:**

{[] } Now I'm going to read a few statements.

Think about yourself, and after each statement, please tell me whether you agree strongly, agree somewhat, disagree somewhat, or disagree strongly. {[] }

{variable text [a-g]}

RESPONSE [1] a. My life has meaning and purpose.  
RESPONSE [2] b. In general, I feel confident and good about myself.  
RESPONSE [3] c. I gave up trying to improve my life a long time ago.  
RESPONSE [4] d. I like my living situation very much.  
RESPONSE [5] e. I often feel lonely because I have few close friends.  
RESPONSE [6] f. I have an easy time adjusting to changes.  
RESPONSE [7] g. I get over (recover from) illness and hardship quickly.

**CODES**

1	AGREE STRONGLY	Section HD
2	AGREE SOMEWHAT	Section HD
3	DISAGREE SOMEWHAT	Section HD
4	DISAGREE STRONGLY	Section HD
	REFUSED	Section HD
	DON'TKNOW	Section HD

**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.  
Display 'variable text' in the a-g sequence until all rows have been displayed.

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