

# National Study of Caregiving

Section HE [HEALTH]

Sequence: 6

HE1 che5health C5 HE1 GENERAL HEALTH

## QUESTION TEXT:

Would you say that in general, your health is excellent, very good, good, fair, or poor?

## CODES

1	EXCELLENT
2	VERY GOOD
3	GOOD
4	FAIR
5	POOR
	REFUSED
	DON'T KNOW

HE2	che5hrtattck	C5 HE2A HAD HEART ATTACK
	che5othheart	C5 HE2B HAD HEART DISEASE
	che5highbld	C5 HE2C HAD HIGH BLOOD PRESS
	che5arthritis	C5 HE2D HAD ARTHRITIS
	che5osteoprs	C5 HE2E HAD OSTEOPOROSIS
	che5diabetes	C5 HE2F HAD DIABETES
	che5lungdis	C5 HE2G HAD LUNG DISEASE
	che5cancer	C5 HE2H HAD CANCER
	che5seeing	C5 HE2I HAD SERIOUS DIFF SEEING
	che5hearing	C5 HE2J HAD SERIOUS DIFF HEARING

## DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display.  
If at HE2a, do not display question text in brackets.  
Otherwise, display question text in brackets.

## QUESTION TEXT:

{{}} I will read a list of some diseases that a doctor may have said you have. Please tell me if a doctor ever told you that you had... {{}}

{variable text [a-j]}

RESPONSE [1] a. a heart attack or myocardial infarction?  
RESPONSE [2] b. any other heart disease including angina or congestive heart failure?  
RESPONSE [3] c. high blood pressure or hypertension?  
RESPONSE [4] d. arthritis?  
RESPONSE [5] e. osteoporosis or thinning of the bones?  
RESPONSE [6] f. diabetes?  
RESPONSE [7] g. lung disease, such as emphysema, asthma, or chronic bronchitis?  
RESPONSE [8] h. cancer?  
RESPONSE [9] i. serious difficulty seeing?  
RESPONSE [10] j. serious difficulty hearing?

## CODES

1	YES
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2 NO  
 REFUSED  
 DON'T KNOW

**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.  
 Display 'variable text' in the a-j sequence until all rows have been displayed.

<b>BOX HE3</b>	<b>BOX HE3</b>	NOT ON FILE
If HE2h = 1 (YES, CANCER), go to HE3. Otherwise, go to HE4PRE.		

<b>HE3</b>	<b>che5cncrskin</b>	C5 HE3 CANCER TYPE SKIN CANCER
	<b>che5cncrbrst</b>	C5 HE3 CANCER TYPE BREAST CANCER
	<b>che5cncrpros</b>	C5 HE3 CANCER TYPE PROSTATE CNCR
	<b>che5cncroth</b>	C5 HE3 CANCER TYPE OTHER TYPE

**DISPLAY INSTRUCTIONS:**

If pre-loaded CG SEX= 2 (MALE), display "prostate cancer," and response code 3.

**QUESTION TEXT:**

Was that skin cancer, breast cancer, {prostate cancer,} or some other type?  
 SELECT ALL THAT APPLY

<b>CODES</b>	<b>Code All That Apply</b>	
1	SKIN CANCER	HE4PRE
2	BREAST CANCER	HE4PRE
3	{PROSTATE CANCER}	HE4PRE
4	OTHER TYPE OF CANCER (SPECIFY)	
	REFUSED	HE4PRE
	DON'T KNOW	HE4PRE

<b>HE3a</b>	<b>HE3a</b>	NOT ON FILE
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**QUESTION TEXT:**

SPECIFY TYPE OF CANCER  
 IF NEEDED: What type of cancer was that?

**ENTER TEXT**

Length 25  
 REFUSED  
 DON'T KNOW

<b>HE4PRE</b>	<b>HE4PRE</b>	NOT ON FILE
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**QUESTION TEXT:**

Now I have a few questions about other health problems.  
 PRESS 1 AND ENTER TO CONTINUE

<b>HE4</b>	<b>che5pain</b>	C5 HE4 PAIN IN LAST MONTH
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**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, have you been bothered by pain?

**CODES**

1	YES	
2	NO	HE6
	REFUSED	HE6
	DON'T KNOW	HE6

**HE5**

**che5painlmt**

C5 HE5 PAIN OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, how often has pain limited your activities? Would you say every day, most days, some days, rarely, or never?

**CODES**

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

**HE6**

**che5brethprb**

C5 HE6 BREATHING PROBLEMS

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, did you have any breathing problems, including shortness of breath or difficulty breathing?

**CODES**

1	YES	
2	NO	HE8
	REFUSED	HE8
	DON'T KNOW	HE8

**HE7**

**che5brethlmt**

C5 HE7 BREATHING OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, how often did your breathing problems limit your activities? Would you say every day, most days, some days, rarely, or never?

**CODES**

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

**HE8****che5armstr**

C5 HE8 ARM STRENGTH OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, did you have limited strength or movement in your shoulders, arms, or hands?

**CODES**

1	YES	
2	NO	HE10
	REFUSED	HE10
	DON'T KNOW	HE10

**HE9****che5armlmt**

C5 HE9 ARM STRENGTH OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, how often did this problem with your shoulders, arms or hands limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

**CODES**

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

**HE10****che5legstr**

C5 HE10 LIMITED STRENGTH IN LEGS

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, did you have limited strength in your hips, legs, knees, or feet?

**CODES**

1	YES	
2	NO	HE12
	REFUSED	HE12
	DON'T KNOW	HE12

**HE11****che5leglmt**

C5 HE11 LEG STRENGTH OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, how often did this problem with your hips, legs, knees, or feet limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

**CODES**

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY

5 NEVER  
REFUSED  
DON'T KNOW

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**HE12** **che5lowenrgy** C5 HE12 LOW ENERGY IN LAST MONTH

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, did you have low energy or were you easily exhausted?

**CODES**

1	YES	
2	NO	HE14
	REFUSED	HE14
	DON'T KNOW	HE14

---

**HE13** **che5enrgylmt** C5 HE13 ENERGY OFT LIMITED

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, how often did your low energy or exhaustion limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

**CODES**

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

---

**HE14** **che5sleeptrb** C5 HE14 TROUBL FALLNG BACK ASLEP

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, on nights when you woke up before you wanted to get up, how often did you have trouble falling back asleep?

[Would you say every night, most nights, some nights, rarely, or never?]

**CODES**

1	EVERY NIGHT
2	MOST NIGHTS
3	SOME NIGHTS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

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**BOX HE15** **BOX HE15** NOT ON FILE

If preloaded INHOUSELHOLD flag = 1 for Caregiver, go to HE15.

Otherwise, go to HE16.

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**HE15****che5sleepint**

C5 HE15 INTERRUPTED SLEEP

**DISPLAY INSTRUCTIONS:**

Display "In the last month" in underlined text.

**QUESTION TEXT:**

In the last month, how often did helping {SP} cause your sleep to be interrupted?

[Would you say every day, most days, some days, rarely, or never?]

**CODES**

1	EVERY NIGHT
2	MOST NIGHTS
3	SOME NIGHTS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

---

**HE16****che5weight**

C5 HE16 WEIGHT IN POUNDS

**QUESTION TEXT:**

How much do you currently weigh?

ENTER WEIGHT IN POUNDS

**ENTER NUMBER**

Range	65 to 600
Soft Range	90 to 300
REFUSED	
DON'T KNOW	

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**HE17a****che5heightft**

C5 HE17A HEIGHT IN FEET

**QUESTION TEXT:**

How tall are you?

ENTER FEET

**ENTER NUMBER**

Range	3 to 7
Soft Range	4 to 6
REFUSED	HE18
DON'T KNOW	HE18

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**HE17b****che5heightin**

C5 HE17B HEIGHT INCHES

**QUESTION TEXT:**

[How tall are you?]

ENTER INCHES

**ENTER NUMBER**

Range	0 to 11
REFUSED	
DON'T KNOW	

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**HE18****che5lost10lb**

C5 HE18 IN YR LOST 10 POUNDS

**QUESTION TEXT:**

Have you lost 10 or more pounds in the last 12 months?

**CODES**

1	YES	
2	NO	HE19
	REFUSED	HE19
	DON'T KNOW	HE19

**HE18a****che5try2lose**

C5 HE18A TRYING TO LOSE WEIGHT

**QUESTION TEXT:**

Were you trying to lose weight?

**CODES**

1	YES
2	NO
	REFUSED
	DON'T KNOW

**HE19****che5moodcher**

C5 HE19A CG FELT CHEERFUL

**che5moodpcf**

C5 HE19B CG FELT CALM PEACEFUL

**che5moodfull**

C5 HE19C CG FELT FULL OF LIFE

**che5moodbord**

C5 HE19D CG FELT BORED

**che5moodlone**

C5 HE19E CG FELT LONELY

**che5moodupst**

C5 H319F CG FELT UPSET

**DISPLAY INSTRUCTIONS:**

Use "Same Question Stem" display.  
 If at HE19a, do not display question text in brackets.  
 Otherwise, display question text in brackets.  
 Display "the last month" in underlined text.

**QUESTION TEXT:**

Thinking about the last month, how often did you feel...

{variable text [a-f]}

RESPONSE [1] a. cheerful?  
 RESPONSE [2] b. calm and peaceful?  
 RESPONSE [3] c. full of life?  
 RESPONSE [4] d. bored?  
 RESPONSE [5] e. lonely?  
 RESPONSE [6] f. upset?

Would you say every day, most days, some days, rarely, or never?

**CODES**

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.  
 Display 'variable text' in the a-f sequence until all rows have been displayed.

**HE20**

**che5flttin**  
**che5fltdown**  
**che5fltnervs**  
**che5fltworry**

C5 HE20A CG FELT LITTLE INTERST  
 C5 HE20B CG FELT DOWN DEPRESSED  
 C5 HE20C CG FELT NERVOUS ANXIOUS  
 C5 HE20D CG FELT UNABLE2STP WRRY

**DISPLAY INSTRUCTIONS:**

Use "Same Question Stem" display.  
 If at HE20a, do not display question text in brackets.  
 Otherwise, display question text in brackets.  
 Display "the last month" in underlined text.

**QUESTION TEXT:**

```
{[] Over the last month, how often have you... []}

{variable text [a-d]}

RESPONSE [1] a. had little interest or pleasure in doing things?
RESPONSE [2] b. felt down, depressed, or hopeless?
RESPONSE [3] c. felt nervous, anxious, or on edge?
RESPONSE [4] d. been unable to stop or control worrying?

{[]Would you say not at all, several days, more than half the days, or nearly every day?[]}
```

**CODES**

- |   |                         |
|---|-------------------------|
| 1 | NOT AT ALL              |
| 2 | SEVERAL DAYS            |
| 3 | MORE THAN HALF THE DAYS |
| 4 | NEARLY EVERY DAY        |
|   | REFUSED                 |
|   | DON'T KNOW              |

**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.  
 Display 'variable text' in the a-d sequence until all rows have been displayed.

**HE21**

**che5lifemng**  
**che5feelconf**  
**che5gaveup**  
**che5lifegood**  
**che5lifelone**  
**che5easychnng**  
**che5rcvrqick**

C5 HE21A LIFE HAS MEANING PURPOS  
 C5 HE21B CG FEELS CONFIDENT  
 C5 HE21C CG GAVEUP IMPROVNG LIFE  
 C5 HE21D CG LIKES LIVING SITUATN  
 C5 HE21E CG FEELS LONELY  
 C5 HE21F CG ADJUSTS CHANG EASILY  
 C5 HE21G CG RECOVERS QUICKLY

**DISPLAY INSTRUCTIONS:**

Use "Same Question Stem" display.  
 If at HE21a, do not display question text in brackets.  
 Otherwise, display question text in brackets.

**QUESTION TEXT:**

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{[] Now I'm going to read a few statements.

Think about yourself, and after each statement, please tell me whether you agree strongly, agree
somewhat, disagree somewhat, or disagree strongly. []}

{variable text [a-g]}
```



RESPONSE [1] a. My life has meaning and purpose.  
RESPONSE [2] b. In general, I feel confident and good about myself.  
RESPONSE [3] c. I gave up trying to improve my life a long time ago.  
RESPONSE [4] d. I like my living situation very much.  
RESPONSE [5] e. I often feel lonely because I have few close friends.  
RESPONSE [6] f. I have an easy time adjusting to changes.  
RESPONSE [7] g. I get over (recover from) illness and hardship quickly.

**CODES**

1	AGREE STRONGLY	Section HD
2	AGREE SOMEWHAT	Section HD
3	DISAGREE SOMEWHAT	Section HD
4	DISAGREE STRONGLY	Section HD
	REFUSED	Section HD
	DON'T KNOW	Section HD

**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.  
Display 'variable text' in the a-g sequence until all rows have been displayed.

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